

Our Team

Our specialists are world renowned sleep medicine experts, and board certified clinicians committed to uncovering all of the factors contributing to patients' sleep problems, employing both established and innovative management and treatment strategies.

Our team diagnoses and treats sleep related disturbances, using a comprehensive approach with a detailed assessment of the conditions that may contribute to impaired sleep. Coupled with the latest treatments, this approach enables us to create personalized patient care plans that optimize sleep health to maximize waking performance and alertness.

Education on sleep health is an important component of the patient care we provide.

Weill Cornell Center for Sleep Medicine Team



Ana Krieger, MD, MPH (Medical Director & Co-Director) and Arthur Spielman (Co-Director) with the team (left to right): Matthew Ebben, PhD; Alan Segal, MD; Christina DiNapoli, NP; Daniel Barone, MD; Nitin Sethi, MBBS, MD.

Our Offices

The main office for the Weill Cornell Center for Sleep Medicine is located on 425 East 61st Street, housed in an easily accessible, modern facility on the East Side of Manhattan. There is valet parking at the building's entrance and parking is conveniently located on-site, with direct elevator access to our Center on the 5th Floor. Our satellite office is located in downtown Manhattan at 40 Worth Street.



Main Office:

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 **New York-Presbyterian Hospital**
 **Weill Cornell Medical Center**



Weill Cornell
Center for Sleep Medicine



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The Weill Cornell Center for Sleep Medicine focuses on improving sleep health, providing patients with a comprehensive sleep assessment of sleep disturbances, and the latest technological advances in diagnostic and treatment interventions.

Sound and restful sleep is fundamental to our health and well-being. The Weill Cornell Center for Sleep Medicine offers a comprehensive assessment of all types of sleep disturbances. Our multidisciplinary team is readily available to provide personalized patient care for the full spectrum of these sleep disturbances.

Our doctors are listed among America's Top Physicians and by Castle Connolly's Top Doctors in Sleep Medicine.

Conditions Treated

- Sleep Disordered Breathing
- Insomnia
- Restless Legs Syndrome (RLS) and Periodic Limb Movements During Sleep (PLMS)
- Parasomnias and REM Behavioral Disorder
- Narcolepsy and Cataplexy
- Circadian Rhythm Sleep Disorders
- Sleep Disorders Related to Underlying Medical Problems
- Other Sleep Disorders that Result in Sleepiness or Fatigue

Testing and Procedures

The Weill Cornell Center for Sleep Medicine offers a wide variety of testing and procedures, selected according to patients' needs and preferences, using state-of-the-art equipment and techniques. The technical staff at the Center is specialized and certified in sleep disorders testing. Comprehensive and specialized testing may be performed at the Center during day or night.

The Center now offers the convenience of home testing, available to qualifying patients.



The Weill Cornell Medical College Center for Sleep Medicine at New York-Presbyterian Hospital is a state-of-the-art 9,000 square foot facility built with the patients' needs in mind. The Center is one of the largest Sleep Medicine academic medical programs in the United States, accredited by the American Academy of Sleep Medicine for the performance of sleep testing both at the Center and at home.



Personalized
patient care for the full spectrum
of sleep disturbances